

Patient Actor Information Sheet

Please read and understand the following points. This will ensure that your participation in this Exercise will be safer and more enjoyable. **If you have any questions, please contact Rebecca Stumpf at (973) 728-2726 or Nurse1@westmilford.org**

- You need to be at Macopin Middle School by 9:00am, and you probably will not finish until with the Exercise until after 12:00 PM. Please make sure you are in good physical condition. If you have any health concerns or medical conditions, please tell Rebecca Stumpf, Public Health Nurse, before the start of the exercise.
- If you are 18 years old, you must sign a waiver to participate. If you are not 18, you may not participate in the exercise without parental permission.** The waiver form (included) must be turned in prior to the exercise to the West Milford Department of Health, Nursing Division, 1480 Union Valley Rd, West Milford, 07480.
- Don't Be Late! Remember that April 14th is the date of the Exercise. Please report to Macopin Middle School promptly. You will be released from the Exercise by 12:00 PM although you are invited to stay afterwards to enjoy lunch and a discussion of the event.
- Do not bring backpacks, books, cameras, jewelry, or money to the Exercise. There will be no place to keep them during the Exercise.
- Don't overact! It is **very important** to play your assigned role the best you can, but this does not mean you should overact. Overacting is unnecessary and can be dangerous for yourself and the emergency workers in the exercise. When you arrive at the exercise site, you will be assigned a patient role. There will also be a briefing about your roles and what will happen during the exercise. If you do not know how to play your role, or, have questions about the briefing, please ask the volunteer coordinators who are there to help. If you are assigned the role of a psychologically distressed person, please act upset, not out-of-control.
- If you get hurt or have a real problem say, "**This is a Real Emergency.**" You must use the phrase "This is a Real Emergency" to tell exercise staff that you have a real problem and are not acting.
- You must check in and sign out.
- When you arrive in the morning, you will sign in and be assigned a "Patient Role." You will be asked to hold a piece a paper that describes your patient role. This paper must be turned in before you leave the Exercise area.
- All youth groups and organizations (scouts, drama club, etc) must come with an adult chaperone.

Please be sure you understand all of these points. If you have any questions, contact Rebecca Stumpf at (973) 728-2726, or Nurse1@westmilford.org. We would like to ensure your safety and preparedness for this exercise.

*On behalf of Passaic County and the West Milford Health Department and all of the participants in the exercise, **thank you** in advance for volunteering! It will be an interesting and enjoyable day, and as a result, our community will be better prepared to face real challenges in the future.*